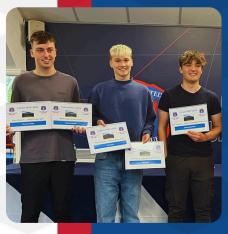


"Inspiring People To Participate, Develop And Achieve Their Goals Through The Power Of Sport."

# **CST NEWSLETTER**







## A word from the CEO



JAMES TOSE
COMMUNITY SPORTS TRUST
CEO

"AFTER ALL THE POSITIVE FEEDBACK FROM OUR FIRST EDITION, I AM DELIGHTED TO SHARE WITH YOU, SOME OF THE BRILLIANT WORK THAT HAS BEEN GOING ON OVER THE LAST FEW MONTHS. IT ALSO GIVES ME GREAT PLEASURE TO SHARE THAT AFTER OUR YEARLY EFL STATISTICAL STUDY WE HAVE ENGAGED WITH OVER 23,000 PARTICIPANTS ON OUR PROJECTS WHICH HAS CULMINATED IN OUR SOCIAL VALUE BEING WORTH OVER 2 MILLION POUNDS TO OUR COMMUNITY. ENJOY THE NEWSLETTER!"

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## **DELIVERY**



## SUMMER SOCCER SCHOOLS KICK-OFF

OUR SUMMER SOCCER SCHOOLS GOT UNDERWAY IN WIGTON AT THE END OF JULY. THE WEEK SAW A STRONG LEVEL OF ATTENDANCE ACROSS THE FOUR DAYS, WITH THE CHILDREN ENGAGED AND DEVELOPING THEIR SKILLS. IT WAS FANTASTIC TO HAVE TAYLOR CHARTERS AND AARON HAYDEN ON FRIDAY TO HAND OUT THE AWARDS.



# KOMATSU CLIMATE HEROES SCHOOLS VISIT

THE KOMATSU CLIMATE HEROES PROJECT
CULMINATED IN THE FINAL THREE CLASSES
VISITING THE COMPANY'S SITE, JOINED BY UNITED
STRIKER GEORGIE KELLY. THE PUPILS WERE
INVOLVED IN THREE WORKSHOPS: KOMATSU'S
SIMULATOR, SITTING INSIDE A 'FORWARDER' AND
TESTING THEIR ENGINEERING SKILLS WITH A
COGS AND GEARS ACTIVITY.



WE WERE DELIGHTED TO BE HEAVILY INVOLVED IN STANWIX SCHOOL'S HEALTH WEEK, DELIVERING DIFFERENT SESSIONS THROUGHOUT. ON DAY ONE, OUR TEAM DELIVERED AN IN-CLASS SESSION ON THE IMPORTANCE OF FRUIT AND VEG. DAY TWO SAW THE SESSION MOVE OUTSIDE FOR TEAM GAMES AND RACES. CRICKET WAS THE CHOICE OF SESSION ON THE THURSDAY. AND WE FINISHED BY DELIVERING TENNIS ON THE FRIDAY TO END A





## PENNINE WAY NURSERY VISIT

IT WAS SUPERB TO HAVE PENINNE WAY NURSERY SCHOOL VISIT BRUNTON PARK AT THE END OF JUNE FOR PE DELIVERY. THREE CLASSES ATTENDED AND WERE ABLE TO WORK ON BASIC SKILLS WITH OUR COACHES WITH LOTS OF FUN ACTIVITIES. THE FINAL GROUP ENJOYED THE SUNSHINE AND WATCHED ON AS THE FIRST TEAM TRAINED, CREATING A GREAT MEMORY FOR THE YOUNGSTERS AND STAFF ALIKE.



## INCLUSION



## **BACKING THE BLUES OPENING**

WE WERE DELIGHTED TO PLAY A PART IN TULLIE'S BACKING THE BLUES: 120 YEARS OF CARLISLE UNITED EXHIBITION. OUR TEAM MEMBERS WERE DELIGHTED TO BE INVITED TO THE PRIVATE VIEWING ON THE THURSDAY TO GET AN EARLY PEEK. ON THE DAY OF PUBLIC OPENING OUR STAFF DELIVERED FACE PAINTING AND ALLOWED THE PUBLIC TO TAKE ON OUR CHIP IT CHALLENGE. WE LOOK FORWARD TO TAKING GROUPS TO THE EXHIBITION IN THE FUTURE.





#### SILVER AWARD FOR VETERANS WORK

THE BEGINNING OF THE MONTH SAW THE CST RECEIVE THE EMPLOYER RECOGNITION SCHEME SILVER AWARD FOR OUR WORK WITH THE VETERAN COMMUNITY. INITIALLY RECEIVING THE BRONZE AWARD IN 2018, THE CST SIGNIFICANTLY UPSCALED THE WORK WITH VETS, LEADING TO THE SILVER AWARD THIS YEAR. THE VETS HAVE ALSO ENJOYED A TRIP TO WATCHTREE AND OUR INCLUSION TEAM CELEBRATED ARMED FORCES DAY IN THE CITY CENTRE.

## <u>PREMIER LEAGUE KICKS CUP</u>

DUE TO AN IMPRESSIVE PERFORMANCE AT THE REGIONAL QUALIFIERS IN PRESTON, THE TEAM HAD QUALIFIED FOR THE NATIONAL FINALS AT ST GEORGES PARK. AFTER ARRIVING AT THE FA'S NATIONAL FOOTBALL CENTRE AND TAKING IN THE QUALITY FACILITIES, WE WERE READY TO GET GOING FOR A FULL DAY OF FOOTBALL. WE STARTED OFF PLAYING FIVE GROUP STAGE GAMES, WINNING TWO, LOSING TWO AND DRAWING ONE, TAKING US INTO THE FINAL STAGES IN THE AFTERNOON TO DETERMINE OUR OVERALL FINISH IN THE COMPETITION. WE WON ONE AND LOST ONE IN THE AFTERNOON MEANING THAT OUR FINAL RANKING IN THE

KICKS CUP WAS 18TH.





## <u>FANS FUND EVENING</u>

AS PART OF OUR PREMIER LEAGUE FANS FUND PROGRAMME, WE INVITED PARTICIPANTS FROM OUR INCLUSION SESSIONS: WALKING FOOTBALL, SILVER FOXES AND MENTAL HEALTH FOOTBALL, TO AN EVENING AT FOXY'S. WE GAINED INSIGHT INTO WHY PEOPLE ATTEND MATCHES AND THEIR GENERAL MATCHDAY EXPERIENCE FOR TULLIE'S BACKING THE BLUES PROJECT. JOHN HALPIN, DEREK WALSH AND BRYAN ROSARY WENT UNDER THE MICROSCOPE FOR AN INSIGHTFUL Q&A.

# EDUCATION



### LEAVERS DAY

OUR FDS SECOND YEAR'S TIME ON THE COURSE CAME TO AN END IN JUNE WITH LEAVERS DAY CELEBRATIONS TAKING PLACE ON THE 12TH. THE STUDENT'S SPECIAL DAY STARTED OFF WITH A PRESENTATION OF AWARDS VOTED BY THEMSELVES IN FOXY'S AND A GROUP PHOTO IN THE GROUND. THEY MOVED ON TO 'GAME ON' IN THE CITY CENTRE WHERE THEY PLAYED VARIOUS GAMES TO FINISH OFF THE CELEBRATIONS.





## **FDS END OF COURSE STATS**

- 97% AVERAGE COURSE ATTENDANCE BEST OF ALL LFE CLUBS ACROSS THE TWO YEARS.
- 100% PASS RATE FOR FUNCTIONAL SKILLS MATHS & ENGLISH.
- FIRST COHORT TO HAVE EVERY LEARNER FINISH ABOVE THEIR TARGET GRADE.
- 72 VALUE ADDED (COMBINED TOTAL OF GRADES LEARNERS FINISHED ABOVE THEIR TARGET GRADE) HIGHEST OF ALL LFE CLUBS.
- EXTENDED DIPLOMA: 100% ACHIEVED D\*D\*D\*
- DIPLOMA: 80% ACHIEVED D\*D\* OR D\*D

## **USW EXIT ROUTES**

CONGRATULATIONS TO OUR TWO GRADUATES, JAKE BIRCH AND JAY KIRBY, WHO HAVE BEEN STUDYING ON THE UNIVERSITY OF SOUTH WALES COURSE. JAY SAID: "COMPLETING THE TOP-UP UNIVERSITY DEGREE IN SPORTS COACHING ONLINE THROUGH CARLISLE UNITED OFFERS A UNIQUE BLEND OF FLEXIBILITY AND PRACTICAL APPLICATION, PERFECT FOR THOSE LIKE MYSELF, TO BALANCE PROFESSIONAL COMMITMENTS AND ACADEMIC PURSUITS."





### **BTEC 2ND YEARS EXIT ROUTES**

WITH OUR FDS SECOND YEARS LEAVING US, HERE IS WHAT THEY WILL MOVE ONTO:

- X8 UNIVERSITY
- X1 USA SCHOLARSHIP
- X1 HIGHER LEVEL APPRENTICESHIP
- X7 FULL TIME EMPLOYMENT
- X1 TRAVELLING.