

# Carlisle United FC

## **Position** – Lead Academy Physiotherapist

An opportunity has arisen at Carlisle United Football Club for a Lead Academy Physiotherapist. This is a permanent full time position working with the scholars (U18) and overseeing the academy medical department from U9 to U16. You will be responsible to the Academy Manager.

### Main roles and responsibilities -

- Plan, deliver and evaluate treatment and rehabilitation strategies for Academy players.
- Work closely with the First Team Physiotherapy department with regards to the transition of players into the professional squad.
- Ensure appropriate medical supervision at all U18 training sessions and matches.
- Deliver indoors (Physio room and Gym) and outdoors (On field) rehabilitation sessions and safely return to play
- To meet criteria of the EPPP.
- Develop nutritional strategies and support both individually and for team menus/meals.
- Organise Cardiac Screens for relevant age groups annually
- Conduct MSK screening of academy players throughout the season
- Work as part of a multi-disciplinary team
- Line manager to Academy Physiotherapists
- Create and coordinate CPD for Academy medical staff
- Ensure SOAP notes are recorded and up to date

## Personal requirements -

- Chartered Physiotherapy Qualification is essential.
- Member of the HCPC.
- ITMMiF qualification is essential, ATMMiF would be desirable
- Experience treating paediatric and adolescent sports injuries is desirable.
- Qualified in sports first aid.
- Experience of working within elite sport (Preferably football).
- Enhanced DBS clearance.

The position is salaried and will be dependent upon experience.

### Safeguarding

Carlisle United Football Club is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment. This role may involve working with U18's and as such is subject to Enhanced Criminal Records Bureau (CRB) checks. Clearance through the FACRB system is required before any employee may commence employment. As such this post is exempt from the Rehabilitation of Offenders Act (1974) and the postholder applicant must disclose all previous convictions including spent convictions.

## **Equal Opportunities**

The Club is committed to applying its Equality Policy at all stages of recruitment and selection, and adverts will contain an equal opportunities statement.

Shortlisting, interviewing and selection will always be carried out without regard to age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / being on maternity leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.

Any candidate with a disability will not be excluded unless the candidate is unable to perform a duty that is intrinsic to the role, having taken into account reasonable adjustments. Reasonable adjustments to the selection process will be made to ensure that no applicant is disadvantaged because of his/her disability.

#### How to apply -

Please send a covering letter and your CV including details of your current employment for the attention of Sarah McKnight via email - sarah.mcknight@carlisleunited.co.uk

Closing date is Tuesday 31st December 2024