

EDI Update CUSG 30/05/25

Easter Celebration-Friday 18th April CUFC V Port Vale

The Easter competition was a huge success; we received lovely feedback from parents and children who enjoyed the family activity. A huge thank you to Peter Johnston (John Watt) for the donation of the crème eggs as prize. Due to the positive feedback, I will be looking at further family themed activities for next season within the fan zone.



Our EDI Team also arranged a foodbank collection during the Easter Celebration, with many essential items collected, these were then dropped off via the Community Sports Trust.

Saturday 3rd May CUFC V Salford On the run up to



Mental Health Awareness Week, we were delighted to welcome several local mental health organisations to Brunton Park including:

- Andy's Man Club Carlisle
- Samaritans
- SMMILES – The Well
- Every Life Matters
- Carlisle Mencap

This collaborative event aimed to raise awareness of the vital services these groups offer, particularly in the lead-up to Mental Health Awareness Week, which ran from Monday 12 to Friday 16 May.

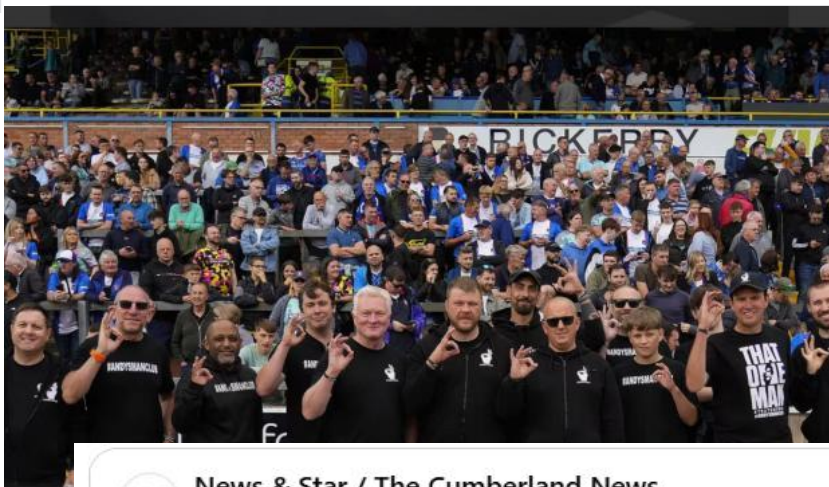
Each organisation delivered a presentation in the Study Centre, sharing insights into their work and how they support the community. Following the talks, representatives engaged with fans in the Northern Competitions Fan Zone, providing information and resources to promote mental well-being.



Every Life Matters

15 May at 14:10 · 🌐

It was great to be part of this event and good to catch up with amazing local mental health organisations. Big shout out to [Carlisle United Football Club](#) EDI Lead, Teresa. Thank you for your ongoing commitment. 💜💙 [#MentalHealthAwarenessWeek](#) [#communitymatters](#) [#suicideprevention](#)



News & Star / The Cumberland News

20 May at 11:09 · 🌐

They've been growing since last year.



NEWSANDSTAR.CO.UK

Carlisle mental health group "fundamentally" built on community

The Piatek family have made us feel extremely welcome at all of the Carlisle United games that we have attended and have stated their support for the work that AMC does both publicly and privately on numerous occasions."

Level Playing Field North Forum

Dave Gale and I attended the Level Playing Field North Forum on Tuesday May 6th at Deepdale Stadium, Preston.

We engaged in working groups, collaborated with other clubs and disabled fan reps as well as, industry experts to exchange best practices and brainstorm solutions for improving stadium access. This networking with peers helps us as DLO/Disabled Fan reps to build connections with other clubs in the North to share experiences, forge partnerships, and learn from each other's successes.



EFL EDI Conference Birmingham



Wednesday 7 May 2025

I attended the EFL Inclusion Team annual EFL Together Conference at Birmingham City, this was a great opportunity for networking and discussion on all things EDI from COP to FA Rule N submissions. Guest speakers included **Terry Angus** (PFA Senior EDI Executive), **Perry Hamilton** (Norwich City Head of HR and EDI) **Geoff Wilson** (Geoff Wilson Consultancy and Sports Conference Speaker).

Dementia Café Friday 30th May

We had another successful United In Memories session with 41 attendees, they enjoyed a lovely lunch followed by a talk from Tony Mason with lots of items for them to look at including old shillings/bank notes from way back and reminisced about prices of items from washing machine (Twin Tubs!) to the price of beer!!!



Some of the CST events in the last few weeks:

Inclusion:

Behind-the-scenes tours for community groups from Cumberland Council Day Services: Broadcare, Denton Woodcraft and Garden Linx, our Silver Foxes over 65, and our Veteran groups. Huge thank you to Peter Dunn for his support with this.



Pete Rees

Thank You Carlisle United, Pete, Teresa and Ben for a fantastic and very interesting tour of the ground today, Yes we "All" certainly enjoyed it and would like to Thank You for taking the time to do this for all us Veterans I personally love the Club so it was special for me... Thanks to all of you!! 🙌💎🇬🇧

CST hosted Premier League Primary Stars football festivals at Brunton Park last week, which saw over 800 local primary school children involved across three days.



CST Girls Emerging Talent Centre teams had a fantastic evening on Friday playing fixtures at Brunton Park.

The U10s, U12s, U14s took on Newcastle United while the U16s played Crewe Alexandra.



Also in the Last few weeks:

- Easter soccer schools
- May Half Term Soccer Schools
- Disability Football Tournaments
- Schools Football tournaments
- Care Home Activities
- PHSE Provision in Schools
- 2 x weekly Veterans sessions
- Veterans Breakfasts
- Bereaved by suicide group



ARMED FORCES DAY
28 JUNE 2025
10am-4pm
Carlisle United FC
Brunton Park

An event to commemorate Armed Forces Day, a national celebration of the UK's Armed Forces - past, present and future - will be held at Carlisle United Football Club.

A host of organisations paying tribute to our armed forces include:

The Cumbria Museum of Military Life, Cumbria Army Cadet Force, Carlisle United Community Sports Trust, Army Careers, The Royal British Legion, SSAFA, Cumbria Fire & Rescue, Cumbria Police, NHS, Devils Porridge Museum, Solway Aviation Museum, RAF Spadeadam, plus many more....

The event will be attended by local dignitaries, the Border Concert Band will be performing live throughout the day along with live singing from the Not Forgotten Society.

Delicious food and drink available to purchase
Come along get involved and have some fun

- Information stalls supporting Armed Forces -
- Come along and speak to the Army Career guys and take on the 'Hang Tough Challenge'
- Face Painting, Bouncy Castle and children's activities
- Military Vehicles
- Dancing and singing via Razzmatazz and Norman Street School

For any enquiries please contact Teresa Mulholland 07923244854
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