RECRUITMENT PACK

Academy Physiotherapist

ABOUT THE CLUB

Carlisle United was founded in 1904, with Brunton Park our home since 1909.

Just nine miles from the Scottish border, we are England's most northerly professional football club. Our geography, history and people have shaped a club with a character of its own, resilient, proud, independent and ambitious.

We represent Carlisle, Cumbria's biggest city, and supporters across the county and beyond. Our fans are fiercely loyal, passionate and vocal, and they expect honesty, commitment, determination and pride from everyone who represents their club.

Joining Carlisle United means becoming part of that story. Whether you work in football, operations, commercial, community or behind the scenes, every role contributes to the experience we create for our players, supporters and wider community.

Our vision is to compete at the highest level possible as a sustainable football club that inspires pride and belongs to everyone. We want people who share that ambition and who will live our values of integrity, excellence, ambition and innovation, teamwork and respect, and pride and passion.



OUR VISION AND VALUES

TO COMPETE AT THE HIGHEST LEVEL POSSIBLE AS A SUSTAINABLE FOOTBALL CLUB THAT INSPIRES PRIDE AND BELONGS TO EVERYONE.

INTEGRITY

Be honest, ethical, and respectful in every interaction. Communicate transparently and act with consistency.

EXCELLENCE

We demand the highest standards in all areas on and off the pitch, in operations, and in service. Celebrating effort, execution, and continual improvement.

AMBITION & INNOVATION

Embrace new ideas and strive to lead, not follow. Aspire to grow and achieve beyond expectations. Create shared memories that inspire lifelong loyalty.

TEAMWORK & RESPECT

We work collaboratively and listen to all voices. We treat everyone with dignity, fairness and inclusivity.

PRIDE & PASSION

Represent Carlisle United with heart, purpose and professionalism.



ABOUT THE ROLE

Academy Physiotherapist

Department: Academy
Location: Brunton Park, Carlisle
Reports to: Senior Academy Physiotherapist
Contract: Casual/Sessional
Hours: Flexible, with occasional evening and weekend



About the Role

Carlisle United Football Club are looking for an individual to support the vision of Carlisle United Academy by contributing to the medical provision across the programme. With energy and enthusiasm, you will contribute as part of a multi-disciplinary team to be an effective practitioner across all aspects of the Academy, supporting player development and progression from Under-9s to Under-16s.

Main Responsibilities

Medical Provision

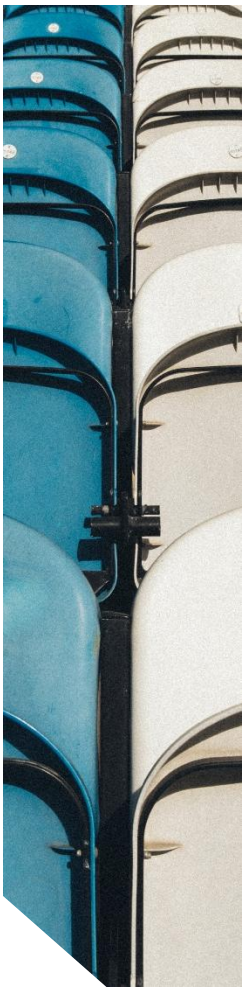
- Provide pitch-side emergency aid and acute injury management at training sessions and fixtures for players aged 8-16.
- Liaise with the Senior Academy Physiotherapist to optimise the assessment and treatment of Academy schoolboy players.
- Provide pitch-side trauma cover during evening training sessions, potentially on Tuesdays, Thursdays and Saturdays.
- Provide pitch-side trauma cover at Under-9 to Under-16 fixtures on Sundays.
- Upload SOAP notes onto Kitman Labs.

Academy Support

- Support the delivery of the Academy sport science and medicine programme.
- Attend Academy CPD events and relevant medical CPD.
- Be an integral part of Carlisle United's Academy medical team.
- Promote good practice and positive engagement with colleagues.

Professional Standards

- Uphold the values, standards and behaviours expected of Carlisle United Football Club, both inside and outside the Club.
- Comply with all relevant legislation, Club policies and procedures, maintaining the highest standards of confidentiality.
- Ensure compliance with current health and safety regulations and maintain safe working practices.
- Lead by example, delivering excellence across all areas of the Club.



Person Specification

Essential

- BSc (Hons) degree in Physiotherapy.
- Membership of the CSP.
- HCPC registration.
- CSP/SST/BASRAT membership if applying as a Sports Therapist.
- Driving licence.
- Experience working in a sporting environment.
- Experience managing or assessing sports injuries.
- Experience working within a multidisciplinary team.
- Organised in the planning, preparation and delivery of treatment and rehabilitation programmes.
- Competency in administration, analysis and evaluation.
- Ability to communicate information to players and staff on and off the field.
- Adaptability in a dynamic, fast-paced environment.
- Strong communication skills.
- Ability to work as part of a multidisciplinary team.
- Open-minded approach to best practice and evidence-based approaches.
- Passionate and hardworking.
- Proactive, with a positive 'can-do' approach.
- Self-motivated and able to motivate others.

Desirable

- ITMMIF or equivalent sports trauma qualification.
- Experience and knowledge of the football environment.
- Functional IT skills, including Microsoft Office, PMA and GPS software.
- Self-awareness and reflective skills to support professional development.

ABOUT THE ROLE

Academy Physiotherapist



Safeguarding

- Carlisle United Football Club are committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.
- This role may involve working with under-18s and is subject to Enhanced Criminal Records Bureau (CRB) checks. Clearance through the FA CRB system is required before employment can commence.
- The post is exempt from the Rehabilitation of Offenders Act 1974, and applicants must disclose all previous convictions, including spent convictions.

Equal Opportunities

- Carlisle United Football Club are committed to applying its Equality Policy throughout all stages of recruitment and selection.
- Shortlisting, interviewing and selection will be carried out without regard to age, disability, gender, gender reassignment, marital or civil partnership status, pregnancy or maternity, race, religion or belief, sexual orientation, or any other legally protected characteristic.
- Candidates with a disability will not be excluded unless they are unable to perform a duty intrinsic to the role, having taken reasonable adjustments into account.
- Reasonable adjustments will be made to the selection process to ensure that no applicant is disadvantaged because of their disability.

How to Apply

Please download and complete the application form and email it to vikki.borrill@carlisleunited.co.uk

